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r/NonBinaryTalk • 3 mo. ago
Pixeldevil06

Binary Privilege is actually so annoying.

I hate the ways in which we are treated in society as people who aren't men or women.

I hate having to wait till i get home to use the restroom because there are only gendered ones.

I hate the weird looks I get when I wear swimwear that is atypical of either sex.

I hate that in any relationship my partner will rarely view me as neither gender, and will normally think of me as a man-lite/woman-lite, and/or will automatically sexualize me as a "futa" or something similar.

I hate not being able to easily insert myself into gendered languages, having to resort to mostly unknown neopronouns or unstable language systems.

I hate not being able to participate in sports teams because they are all gendered.

I hate being unable to achieve "passing" or "stealth" in the same way as a binary trams person.

I hate the lack of reguard and research focused on Nonbinary transition and nonbinary experience.

I hate the difficulty being taken seriously by society at Large, especially medical professionals and government programs.

I hate not having commonly known language to express my sexuality or romantic orientation because it doesn't fit into categories like "homosexual" or "heterosexual", yet I'm only attracted to one gender, so I'm not "bisexual".

I hate being treated as an outlier or an anomaly.

I hate how my gender is treated less like a gender by other people.

I hate the assumption that Nonbinary people are just non medically transitioning trans folk, when I'm seeking out nonbinary srs actively and am on hormones.

I hate the shaky and unstable comparisons between Nonbinary identity and cultural third genders.

I hate knowing that I'm not welcome in sections of the world where binary trans folk are.

I hate not being able to travel to certain places because they don't recognize "x" marked passports.

I hate not being able to get a drivers license in certain states because they don't have "x" market IDs.

It's so difficult being nonbinary and nobody talks about it.

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The_Cinnaboi • 3mo ago

Don't forget that it's somehow your job to always educate cis (or even binary trans people) about your entire existence. It's so exhausting!

101 Reply

ALakeInTheClouds • 3mo ago

After I came out at work my boss asked if I wanted to give everyone a presentation about what being non-binary means to me. I know he meant well but still...I was like "no chance"

44 Reply

The_Cinnaboi • 3mo ago

That's so annoying, there's already so many resources for people to learn about this stuff. It shouldn't be your job to educate people on this.

24 Reply

Zordorfe • 3mo ago

It feels like you just scraped my brain for all my social dysphoria. Worst part is binary people tell you that binarism and exorsexism is not real or not that bad. 😒

40 Reply

Beetleedle • 3mo ago

I feel you.

LGBTQIA+, POC, disabled, homeless/impoverished - there are a lot of people experiencing this and who have experienced this. It's bizarre, unfair, and makes the game of Life incredibly challenging and not fun for a lot of us.

It feels like playing a survival game where there's a group of people who've been on the server for a really long time and have all the resources and have created a bunch of rules and specific people they let in, and any new players who aren't in that group or allowed in are at an extreme disadvantage and can't even build a base without it getting destroyed soon after by that group.

We need a server wipe or a new group/gameplay style that doesn't include them. Ignore them. Play a new, more dangerous game. Or play their game, infiltrate, and destroy it from within so we can rebuild. Honestly, take your pick. Server wipe might not be an option we'd survive, so not really my favorite option. Lol

33 Reply

zangtoi • 3mo ago

Oh yeah, I'm on testosterone but I started dressing feminine again, people are so alarmed and confused sometimes, had an old granny run after me, crooked back and all, just to ask if I'm a man or woman.

I can't believe people do this shit 🥲

15 Reply

Plantje02 • 3mo ago

Damnnnn I can relate to this sooooo much. Life's pretty hard 🤷

11 Reply

novaaaaacat • 3mo ago

oh my god i exactly relate to almost all of this 😭 hang in there, our existence is a great form of resistance

9 Reply

1 more reply

Spoilmilk • 3mo ago

Preach sibling!

> doesn't fit into categories like "homosexual" or "heterosexual", yet I'm only attracted to one gender, so I'm not "bisexual".

There are words to describe nonbinary monsexual orientations but they all got destroyed and tainted by;

a) being called cringe eg toric, so there wasn't mass adoption because nobody wants to be cringe or

b) got co-opted by terfs eg Androsexual & gynosexual which the original definitions are gender neutral (exclusive) attraction to men/women(respectively). They the cis got a hold of them and made it "attraction to masculinity/feminity"(huh?) or worse Attraction to "male/female" genitalia(gross ew). So now if you use those words you'd get lumped in with cis chasers/terfs.

The best thing that's worked so far for most monosexual NBs is just IDing a queer.

15 Reply

1 more reply

The_Shepherdess • 3mo ago

Same here. Everything you said. Sometimes I just feel like giving up. I'm on testosterone and I had so many transmascs and trans men tell me that passing as male "will come in handy" because being perceived as queer will make my life hell. But I don't want to be perveived as a man. I don't want to be

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female. I don't want anything but I don't have a choice.

It's so exhausting.

7 Reply

burnthejuniper • 3mo ago

This is a rant that goes off the rails towards the end, sorry.

I hate not being included in conversations about trans issues that do affect me. A lot of things people call trans mens issues and trans womens issues affect non-binary people as well but we are often not mentioned. The same can be said about things that are called cis women's issues and cis men's issues.

If we are mentioned it feels like an after thought or like the people doing it feel burdened by the fact they have to mention us. Like it's clunky and annoying. I wish we were normalized. I wish we weren't erased. I get sad when I see trans solidarity posts that say "trans brothers and sisters" exclusively when the word siblings is right there. I hate when people say "transmascs and transfems" as a way to include everyone.

No shade against non-binary people who identify with those terms. But not all of us do and we shouldn't have to feel comfortable being grouped into another binary to be included. People will try to solve the problem by grouping us by our AGABs. But not all of us are male or female and AGAB isn't a very useful way to group people because it's too broad. Many people share an AGAB but have vastly different anatomy and life experiences.

Also..grouping people by their gender expression or assigned sex is kinda. Shitty. Bioessentialism and gender essentialism suck, can we not??? I thought that was the whole point, that one's gender expression or assigned sex don't determine their gender or destiny??? "What is a woman/man/non-binary person" is a pointless question. The only definition to what a man or woman or non-binary person is that includes everyone who is and excludes everyone who is not is self identification. It sounds circular but try to define something like love or success in any other way than "you know love when you feel it" or "it varies based on what people want to achieve". Some things are too varied and complicated to be definable in rigid ways that are applicable in every situation. Gender is one of those things.

4 Reply

Pixeldevil06 OP • 3mo ago

Agree, agree

3 Reply

Outside-Helicopter99 • 3mo ago

I came out at work and I had a manager come to me and say " I don't want to offend you but I don't want to exclude you, there is a meeting with all the women and you are welcome to come but you also do not have to, it's up to you." That was super awkward and I felt completely alone and confused. I found my place in this world as non binary and yet I don't belong still.

I'll continue to fight and educate people about genders but it's so exhausting getting knocked down at

like_earthworms • 3mo ago

I also hate how even *other binary trans people* treat us like we're a bother for asking them to respect our pronouns. If a trans woman tells me that she doesn't wanna use "they/them" then I'm gonna suggest caller her "him" to see the reaction. Then use that to explain why the suggestion is so shitty

It's disgusting how many trans men and women say "If you don't want life to be more difficult, then just use he or she". How would they feel if we were telling them "Just hide who you are and go by your AGAB pronouns and you won't be discriminated against. Easy!"? They'd call us transphobic. Why do binary trans people feel comfortable making those comments? Somehow it's not transphobic to say that to us

I also know many many cis gays/lesbians who've said that too

4 Reply

void_to_unknow • 3mo ago

I completely understand. I want to go on hormones and have top surgery and when I tell this to people they immediately assume that I'm basically a man. Yet when I wear skirts or do my makeup everyone is confused as to 'what exactly I am' which is to say that they'll never understand that doing certain things doesn't pertain to a certain gender.

I've had people ask whether or not I wanted bottom surgery and they wanted to know all of the details about what I've got going on and it's never any of their business! Why is it on me to tell and explain every little detail about myself and be put up to scrutiny?? It's uncomfortable and I wish people would just let us be and accept us as who we are without having to ask such invasive and personal questions :(

3 Reply

aRemy9742 • 3mo ago

Love when I wear a pronoun pin everyday and still get misgendered. Like you can't even read?

3 Reply

theepotatojames • 3mo ago

Don't have much to say but I agree

2 Reply

[deleted] • 3mo ago

I understand. I want to be seen as the Demi-Man that I am. Unfortunately I haven't come out to the people I know yet and it's hard to hide that I'm not a cis man nor was I ever. My parents are supportive but they don't want me to come out to everyone I know yet.

2 Reply

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Finally, somebody said it. The binary domination in society and language is so strong that even the very name for "nonbinary" is a negation. And if you try to complain about exorsexism, then you're just an annoying SJW stereotype who makes up problems for no reason. Because why wouldn't you just pretend to be binary for convenience sake?

Sure, it's documented that cis people who pretend to be another gender for an extended period of time feel like shit, and a lot of people will admit that binary trans people's dysphoria is a serious matter, and being closeted is tough on anyone's mental health... But you're nonbinary!

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